



THE BRIDGE

The newsletter of the Center for Leadership and Career Development helps you bridge the gap between college and career.

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Services We Provide

- Resume/Cover Letter Writing
- Mock Interviews
- Internship/Job Search
- Career Assessments
- LinkedIn Profile Guidance
- Majors/Minors Exploration
- Professional Development Workshops
- Graduate School Application Support
- Professional Etiquette Training

A Message from Ratoya Mason

Interim Director of Counseling and Career Services

"When making the choice to attend LaGrange College, I am sure that exploring a particular career path played a huge factor in your decision. It is because of your decision that makes The Center for Career Leadership and Career Development one of the most relevant offices here on campus. The thing that makes us unique is the additional support that we can offer to help you advance professionally, inside and outside of your field of study. The CLCD offers a wide range of free services including: assistance with resume writing, job interview practice tips, internship placement, and career networking opportunities. We are passionate about your success as a student, and are dedicated to partnering with each of you to help launch your desired career path."

Professional Spotlight

Meet Drew Cantrell



Title:
Insurance and Financial
Advisor and LaGrange
College Tennis Coach

Studied at:
LaGrange College

Area of Study:
Business Administration

We talked with LaGrange College Alumni and Business Administration Major, Drew Cantrell, to hear his story of how he grew into his passion to help people by becoming a self-employed Insurance and Financial Advisor.

Once Drew graduated from LC, he worked as an Associate at GNC for a year before he was promoted to Store Manager. However, after a year in that role, he decided he wanted to help people more in the numbers aspect, which led him to being now self-employed at his own online business, *Links Financial*.

Panther Tip!

Practice active listening techniques.

It is important to practice this with everyone, but is especially important when speaking with your boss, client, etc.

Some examples:

- Nodding and maintaining eye contact
- Asking clarifying questions
- Using reflective statements

We asked Drew some questions:

What does it take to be successful in your field of work?

"For someone to be successful in my field is they have to have strong work ethic and a willingness to fail. They can't be afraid to take risks."

When you are hiring new staff, what is something you like to see on their resumé?

"What I look for is if they have management experience, leadership qualities, being a part of a sports team, but mostly I look for diversity."

What are some things that stick out to you in an interview?

"I pay attention to if they are punctual and if they are humble. You can tell a lot from a person's character and what kind of worker they are by those two factors alone."

What advice would you give to undergraduate students?

"Work hard, make connections and never give up. Everything else will always work out."

**Are you interested
in how the
internship process
works?**

see next page for details

The Internship Process

Internships are a great way for students to apply their academic studies to the professional setting and gain valuable experience within their desired field of work. While the CLCD is eager to assist students in the internship search process, it is ultimately the student's responsibility to secure an internship site. Students are also encouraged to work directly with their Academic Advisor to ensure an internship aligns with their degree/major program. Below is specific information regarding the types of internships and what they entail:

Types of Internships

	Academic Credit	Non-Academic Credit*
Paid	Paid with Academic Credit	Paid without Academic Credit
Unpaid	Unpaid with Academic Credit	Unpaid without Academic Credit

*Students are not required to obtain CLCD approval or register for non-academic internships.

Academic Internship Hour Requirements

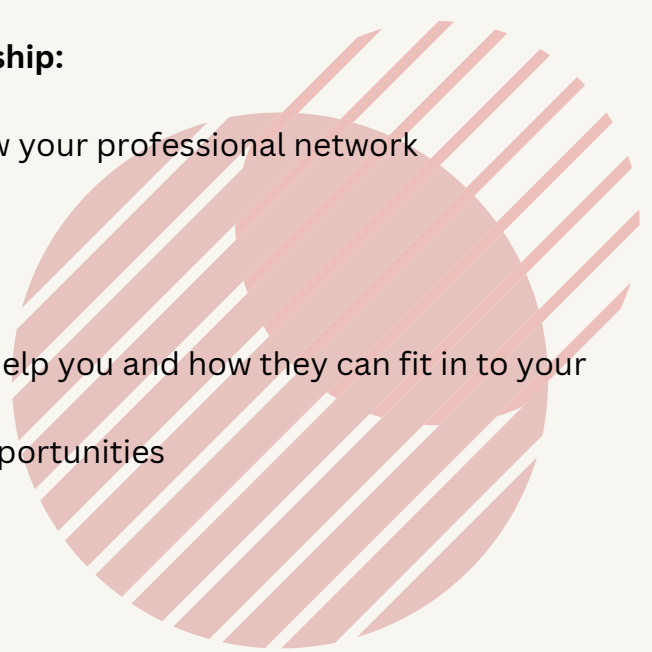
- 40 work hours/semester = 1 credit
- 80 work hours/semester = 2 credits
- 120 work hours/semester = 3 credits
- The normal credit range is 1-6 credit hours. However, some majors are required to have specific hours for internships (normally 3 hours). Students are strongly encouraged to talk to their Academic Advisors to determine the appropriate credit hours to register for.

POTENTIAL benefits from participating in an internship:

- Gain experience in desired field of work
- Gain professional references for future jobs/grow your professional network
- Build your resume and stand out as an applicant
- Transition from an intern to a full-time employee

Considering an Internship?

- Talk to your advisor to determine how they can help you and how they can fit in to your area of study
- Visit the CLCD to discuss potential internship opportunities



Internship & Job Opportunities

Great Wolf Lodge

Hospitality Intern

Location: LaGrange, GA

Duration: May 31 – Aug 2, 2023 (10 weeks)

How to apply:

<https://recruiting2.ultipro.com/GRE1042GLSL/JobBoard/ca3f3563-9091-4696-abaf-7e491655fe24/OpportunityDetail?opportunityId=c4aaac9f-6234-4318-b622-bdcc7fc6f8f2>

U.S. Department of State

Student Intern

Location: Washington, D.C., or Abroad

Duration: Fall 2023

Deadline to apply: March 12th

How to apply:

<https://intern.usajobs.gov/job/709380800>
and for questions, contact
studentinternship@state.gov

Troup County – Public Defender's Office

Student Intern

Location: LaGrange, GA

Duration: May – Sep 2023 (200 work hours)

How to apply:

Send cover letter, resume, and contact info to Katie-Rose Martin at
krose@troupcountyga.gov

Tulla White Cuisine & Catering

Part-time Server (Weddings and Other Events)

Location: LaGrange, GA

Flexible Hours

How to apply:

Email Britt White at britt@tullawhite.com with interest in job.

Woodland Christian Camp

Multiple roles

Location: Temple, GA

Duration: May 15 – Aug 4 2023

How to apply:

<http://woodlandcamp.org/summer-camp/summer-staffing>

Camp Southern Ground

Multiple roles

Location: Fayetteville, GA

Duration: Summer 2023

How to apply:

<https://campsouthernground.org/summer-camp/summer-jobs/>

Plum Southern

Social Media/Promotions - Full Time

Location: LaGrange, GA

Position Open May 2023

How to apply:

Email store owner, Kristin Sullivan at
gifts@plumsouthern.com
for more information

Discipline is choosing
between what you
want now and what
you want most.

-ABRAHAM LINCOLN

THE SOUND OF SUCCESS

Kirsten Boyd



What is it?

The ringing of the Chapel Bell is a new tradition at LaGrange College—a sacred opportunity only afforded to graduating senior students. If you are a senior student, celebrating either (1) your first full-time, post-graduation job offer, or (2) admission to graduate school, you can announce your accomplishments to the college by ringing the bell.

If you are interested in ringing the bell, go to the link below to register.

Additionally, if you are accepted into more than one graduate program, you can ring the bell for each acceptance!

<https://www.lagrange.edu/campus-life/student-services/career-center/ring-the-bell.html>

Sports Management and Spanish Major '23, Kirsten Boyd, rings the Chapel Bell after accepting a job offer to be a part of the Social and Digital Media Coordinator team for Major League Soccer in New York, NY.

Congratulations, Kirsten!

