

Table of Contents

| | |
|--|---|
| LaGrange College..... | 1 |
| Course Catalog - Coaching..... | 1 |
| Minor in Coaching - Minor in Coaching..... | 1 |

LaGrange College

Course Catalog - Coaching

Minor in Coaching - Minor in Coaching

Type:Minor

Students will select at least **FIVE** of the following courses to fulfill the requirements of the Coaching Minor. Students must pass all courses listed below with minimum grade of "C-."

(Courses noted with an * are required for the concentration.)

- [EXCS 1154](#) First Aid: Responding to Emergencies
- [EXCS 2311](#) Survey of Strength & Conditioning
- [EXCS 3305](#) Sports Psychology
- [EXCS 3310*](#) Coaching Theory and Methods
- [EXCS 3313](#) Leadership in Physical Education and Athletics
- [EXCS 3332](#) Prevention and Care of Athletic Injuries/Illness
- [EXCS 3360](#) Motor Behavior and Control
- [EXCS 4311](#) Principles of Strength & Conditioning
- [EXCS 4325](#) Exercise and Sports Nutrition
- [EXCS 4400](#) Internship in Physical Education/Coaching

Last updated: 02/15/2022

LaGrange College

601 Broad Street
LaGrange, GA 30240
706-880-8000